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| For The Longest Time Årsdans 2020 |  |

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| **Count:** | 32 | **Wall:** | 4 | **Level:** | Beginner |  |
| **Choreographer:** | Roosamekto Mamek (IND) - May 2020 | | | | |
| **30 Votes Music:** | The Longest Time by The Overtones | | | | |
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**Intro: 16 count**

**S1. SIDE TOUCH, HALF BOX x 2**

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| --- | --- |
| 1&2& | Step R to side – Touch L together – Step L to side – Touch R together |
| 3&4 | Step R to side – Step L together – Step R forward (12:00) |
| 5&6& | Step L to side – Touch R together – Step R to side – Touch L together |
| 3&4 | Step L to side – Step R together – Step L back |

**S2. COASTER STEP, FORWARD LOCK, JAZZ BOX CROSS TURN 1/4 RIGHT**

|  |  |
| --- | --- |
| 1&2 | Step R back – Step L together – Step R forward (12:00) |
| 3&4 | Step L forward – Lock R behind L – Step L forward |
| 5-8 | Cross R over L, Turn 1/4 right step L back, Step R to side, Cross L over R (3:00) |

**S3. SIDE ROCK, CHASSE x 2**

|  |  |
| --- | --- |
| 1-2 | Rock R to side – Recover on L (3:00) |
| 3&4 | Step R to side – Step L together – Step R to side |
| 5-6 | Rock L to side – Recover on R |
| 3&4 | Step L to side – Step R together – Step L to side (3:00) |

**S4. 2 x KICK CROSS OVER, SIDE STEP, 2 TOE SWITCH TOUCHES FORWARD,**

**2 PADDLE TURN 1/4 LEFT**

|  |  |
| --- | --- |
| 1&2& | Kick R cross over L – Step R to side – Kick L cross over R – Step L to side (3:00) |
| 3&4& | Touch R toes forward – Step R together – Touch L toes forward – Step L together |
| 5-8 | Step R forward – Turn 1/4 left (12:00) – Step R forward – Turn 1/4 left (9:00) |

**RESTART : On wall 3 after 16 count**

**For more info about step sheet & song, please contact:**

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